

FUTURE RESIDENT BENEFITS

Although you have not established residency yet, your Future Resident card allows you to enjoy many of the same privileges as our Residents.

We encourage you to use your card and enjoy the many services your future home at Westminster Village has to offer. You are encouraged to participate and register for any of the upcoming activities or events that you see in this monthly newsletter. Please call us at 480-451-2006 for reservations and tickets for these events.

Our dining rooms are one of our most popular Future Resident benefits. You are invited to join us for breakfast, lunch, dinner or our Champagne Sunday Brunch in one of our three dining venues: the Garden Café, Ocotillo Dining Room or Donnelly's.

If you'd like to enjoy a meal in one of our dining rooms prior to establishing residency at Westminster Village, please show your Future Resident card to our dining room host. Unfortunately, we cannot accept cash or checks in the Ocotillo dining room or Donnelly's, so you will be billed by mail for your meals at the end of each month.

The Garden Café

The Garden Café is open from 7:00 am to 7:00 pm Monday-Saturday, and 11:00 am to 7:00 pm on Sundays; all menu items are priced à la carte. We serve breakfast, lunch and dinner here; we also offer delicious take-home items such as rotisserie chicken or freshly made pizzas.

Ocotillo Dining Room

The Ocotillo Dining Room is open for lunch and dinner from 11:30 am to 7:00 pm, Monday through Saturday. As a Future Resident, lunch and dinner in the Ocotillo Dining Room are only \$7.50, guests are \$12.

The only meal served on Sunday in the Ocotillo



Dining Room is our Champagne Brunch, from 10:00 am to 2:00 pm. Brunch is \$12 for Future Residents, \$16 for guests. Our Residents' Council has suggested casual wear be worn for lunch, and men wear jackets to dinner. No smoking or tipping is allowed. Reservations are only needed for tables of five or more, and can be made by calling 480-451-2092.

Donnelly's

Perfect for special occasions or just to enjoy an exceptional culinary experience, Donnelly's is our fine dining option for our Residents. We offer an outstanding menu, including Lobster, Steak Dianne prepared tableside and Muscovy Duck. Donnelly's is open from 5:00 pm to 8:00 pm. Reservations are required and can be made by calling 480-451-2079, or via email at Donnelly@wmvillage.com. In an

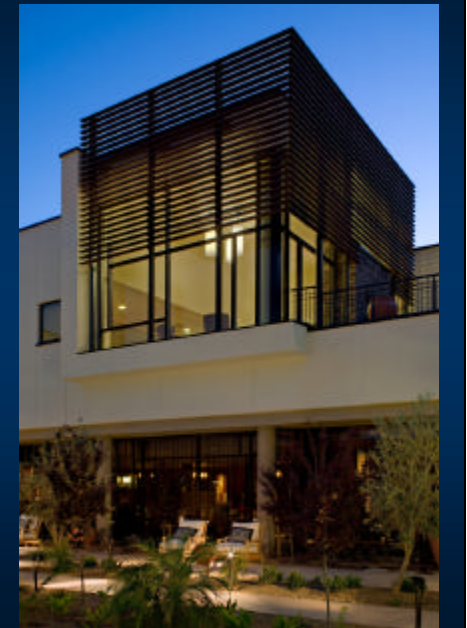
effort to accommodate your requests, we will ask that you provide us with at least two different time options for your dining pleasure. A confirmation or alternate reservation will be communicated to you within 24 hours. Our Residents' Council has suggested that men wear a tie and jacket and that ladies dress accordingly.

Most menu items in Donnelly's are still \$7.50 for dinner; if an "additional charge item" is selected, then the charge will be added to your bill. Guest meals will be \$16.00; again, if your guest selects an "additional charge item", the charge will be added to the \$16.00.

Jayhawk Lounge

The Jayhawk Lounge is open six days a week Monday through Saturday from 4:00 pm to 8:00 pm, with a full bar, elegant seating area and a large, flat screen TV. This is the perfect place to enjoy a drink with friends while waiting for your reservation at Donnelly's, or to watch the big game!

WESTMINSTER VILLAGE FUTURE RESIDENT NEWSLETTER



THREE NEW MEMBERS FOR WESTMINSTER VILLAGE BOARD

Westminster Village Board of Directors recently elected Pat Brock, David Sanderson and Joan Koppenbrink as new members for a three-year term. The twelve members of the Board include three Westminster Village resi-

dents and share varied talents and expertise. All are volunteers and serve without compensation.



Pat Brock received her BA and MA degrees in Secondary Business Education from Arizona State University. She was a Professor

of Business at Scottsdale Community College for 20 years where she taught courses in business communication, management, salesmanship and general business, serving a three-year term as department chair. Pat is an active volunteer, serving in many capacities for ASU baseball, member of

ASU Alumni Board of Directors, volunteer for SIGNA Hospice and Scottsdale Boys and Girls Club. Pat serves in several ministries at Mountain View Presbyterian Church.



David Sanderson is Professor of Medicine, Emeritus, College of Medicine, Mayo Clinic, retiring in 2000. He received his BA and MD

degrees from Northwestern University. David specialized in Thoracic diseases, presently serving on the American Lung Association of Arizona Board of Directors, the

JANUARY
2012



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Scottsdale, AZ 85260
480-451-2000
www.wmvaz.com

WORDS FROM YOUR RESIDENT COUNCIL PRESIDENT, BARBARA

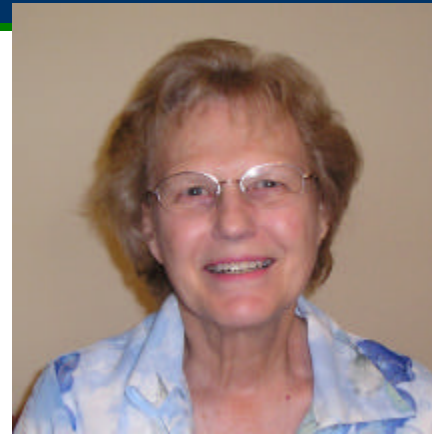
HAPPY NEW YEAR to each one of you! It is a time for new beginnings and the Residents' Council is ready for the challenge. It is an exciting time with newly elected members in place. I will introduce the full Council at our meeting on January 10.

A huge thank you to everyone who worked tirelessly to provide a special holiday season for us. We had beautiful lights and Christmas trees, great decorations, special menus and parties and several bus trips to holiday programs. It is these extra touches that make us feel for-

tunate to live at Westminster Village.

We have requested nameplates for those working at the reception desk and we should have them soon. It is always nice to have a name to recall when you talk to someone. Which reminds me: Let's find our nametags and wear them. This effort means a great deal to those of us who recognize faces and not names.

This new year I have the opportunity to travel to Hilo, Hawaii to visit my granddaughter and her family. By the time you read this, I



should be on my way, returning on January 7. I hope to come home with some beautiful photos and many new memories.

Good health, peace and joy for all in 2012.

NEW BOARD MEMBERS, CONTINUED...

American Thoracic Society, Emeritus, and Arizona State Board of Respiratory Care Examiners. His bibliography lists 98 publications. Other community service includes Greater Phoenix Urban League and board member of both Maricopa County Community College Foundation and Phoenix Rescue Mission.

tions, intellectual management and strategic planning. She has served as Board chair of Greater Phoenix Youth at Risk Foundation and is active at Mountain View Presbyterian Church. Joan currently manages her husband Walter's Internal Medicine office.

~ Bev Wiggins



Joan Koppenbrink earned a BA in Chemistry from U. of Missouri, an MA in Biochemistry from Washington University and an MBA from ASU. She has been a research Chemist for Monsanto Corporation and Dial Corporation. Joan retired from Rodel Corporation in Phoenix where she served as senior executive with responsibilities in communica-

GUARANTEED FUN FOR EVERYONE

Dining Service Events

KNIFE SHARPENING
Wednesday, January 11th
Garden Café, 2:30 - 4:30 p.m.

Café Festival
CHINESE NEW YEAR
Wednesday, January 18th
Garden Café, 3:00pm - 5:00pm

Donnelly's Theme Meal
"JAMES BOND, 007"
Wednesday, January 25th
Donnelly's, 5:00pm

Sunday Cinema

in Nuernberg Hall
Sunday, January 8 - 5:00 p.m.
"THE HELP"

A society girl returns to Mississippi in the 60s after college to become a writer. Her subject choice is controversial. Starring Viola Davis & Emma Stone.

Sunday, January 22 - 5:00 p.m.
"BED AND BREAKFAST"
A young handyman inherits property in California's wine country but its true ownership is questioned. Starring Dean Cain & Juliana Paes.

January Wellness Schedule

Eye Clinic - Thurs. Jan. 19 480-451-2069
Hearing Clinic - Tues. Jan. 24, 2-3pm
Foot Clinic - Tues. Jan. 31 480-451-2069
Health & Wellness Talk - Wed. Jan. 25, 2:00 p.m. - Nuernberg Hall -
"BENEFITS OF MASSAGE"

New Library Books

A Governor's Story - (Bio.) by Jennifer Granholm - The author/governor from 2003 and husband give a candid account of what it took to start the difficult path to recovery in Michigan starting in 2003 while providing a model of hope to businesses countrywide.

Evening in the Palace of Reason - (Fic.) by James R. Gaines - Bach meets Frederick the Great in the Age of Enlightenment.

What Matters Most - (Fic.) by Luanne Rice - Sister Bernadette Ignatius and Tom Kelly return to Ireland to search for the past which includes the son they left behind.

Decision Points - (Bio.) by George W. Bush - A frank and gripping account of the critical decisions that shaped his presidency and personal life.

The Snowman - (Fic.) by Jo Nesbo - The first snow in Oslo has fallen and a dozen women have disappeared. Fiercely suspenseful and evil.



Residents' Council

TUESDAY, JANUARY 10

Residents are encouraged to attend.
Nuernberg Hall - 1:30 p.m.

Coffee at Kerr

WEDNESDAY, JANUARY 11

Intro to the opera
MADAM BUTTERFLY
Bus departs at 9:30 a.m.

Herberger Theatre

THURSDAY, JANUARY 12

"Daddy Long Legs"
Bus departs at 12:55 p.m.

Coffee Classics

FRIDAY, JANUARY 13

Dvorak: Cello Concerto
Michael Christie, Conductor
Adam Golka, piano
Bus departs 9:30 a.m.

Classical pianist

FRIDAY, JANUARY 13

Jim Correnti on the piano
Nuernberg Hall - 7:00 p.m.

The MIM

MONDAY, JANUARY 16

Horn & Piano
Bus departs - 12:00 noon

January Birthday Party

TUESDAY, JANUARY 17

Nuernberg Hall - 2:00 p.m.

Art All Around Us

WEDNESDAY,
JANUARY 18

"In the Mood" January 18th
Nuernberg Hall - 1:30 p.m.

Musician Encounters

MONDAY, JANUARY 23

Chris Wolf, Principal Trombone
Mt. View Presbyterian Church
Bus departs at 9:30 a.m.

Organ Stop Pizza

THURSDAY, JANUARY 26

Early lunch & the Mighty Wurlitzer Organ
Bus departs at 10:00 a.m.

Opera at Sympathy Hall

SATURDAY, JANUARY 28

MADAME BUTTERFLY
Bus departs 11:55 a.m.

Mix and Mingle

TUESDAY, JANUARY 31

Garden Café - 4:00 p.m.

Men's Discussion Group

EVERY WEDNESDAY

Coffee provided
Cactus Lounge - 9:30 a.m.

THE ENTITIES WITHIN WESTMINSTER VILLAGE

Westminster Village, Inc. consists of four entities, operating together for the benefit of residents. The Residents' Council, the Management Team and the Board of Directors form a triumvirate gathering and disseminating information, management and governance. The fourth entity is the Foundation, which raises funds to benefit residents and employees.

The Residents' Council is comprised of nine residents elected from the resident body at large (the Association). The Council serves as a conduit of information, between Westminster Village operating departments and residents in the five areas of Marketing, Activities, Health Services, Plant Operations and Food Services. Information travels from the Council to Management to the Board of Directors. The Council operates Caring Lenders and the annual Employee Holiday Gift Program. The President of the Residents' Council attends and reports at each meeting of the Board of Directors.

The Management Team consists of the Chief Executive Officer, a Chief Operating Officer and seven department directors who conduct the daily business of running Westminster Village. They oversee 290 employees in the areas of Residential Services (Food Services, Community Works and Activities), Marketing, Plant Operations, Health Services, Safety and Security, Home Health and Information Technologies. Management follows a five-year strategic plan developed with resident participation and within a strict budget, both of which are approved by the Board of Directors.

The Board of Directors governs Westminster Village focusing on fiscal responsibility, governance structure, operating practices, and long range strategic planning to assure the quality of life residents enjoy, thus com-

pleting the triumvirate. Its 12 volunteer members share varied talents and expertise from within the local community resulting in a cohesive group to provide required oversight. Three members are residents who lend a resident perspective to all issues considered by the Board. Members may serve two three-year terms.

The Foundation raises and distributes tax-deductible funds from residents, families and friends to benefit its three funds - Employee Scholarships, Residents' Assistance and Village Improvement. Its resident Directors may serve two three-year terms and, although an independent entity, they must be approved by the Westminster Village Board of Directors. The president of the Foundation attends and reports at each meeting of the Board of Directors.

A photo page of the members of each entity will appear in subsequent issues of this newsletter.

~ Bev Wiggins



RECENT HAPPENINGS



HOT AIR BALLOON



EMPLOYEE HOLIDAY



RESIDENT THANK YOU



THE GREAT PRETENDERS



Worship Services

Peterson Memorial Chapel

(Located on the first floor North of the bank)

CHRISTIAN SERVICES:

Every Sunday at 4:00 pm

The service is performed by visiting clergy from area churches or by one of our resident chaplains.

JEWISH SERVICE:

Wednesday, January 18th at 10:00 am

Jewish Service

Hannah Adelman

SUNDAYS, IL Activities Room

8:30 am Catholic Service

10:00 am Episcopalian Service

Support Groups

ELECTRIC CART, WALKER, WHEELCHAIR SERVICE

No Service in January

AL-ANON

Meets Every Saturday & Sunday,

11:00 - 12:00, in the Conference Room

For anyone who is coping with the addiction of alcohol, the recovery, or coping with a family member.

Blood Pressure Checks

Home Health Services offers pressure checks:

. Mondays 3:00-3:30 pm in Saguaro Lounge

. Wednesdays 3:30-4:00 pm in Bank Lobby

. Thursdays 1:00 -1:30 pm in Bank Lobby

Keep Fit & Healthy

Mondays

Body Balance (8:30 - 9:15 am.)

Yoga Stretch (9:30 - 10:15 am.)

Tuesdays

Exercise Class (11:15 - 12:30)

Yoga Stretch (12:30 - 1:15)

Wednesdays

Body Balance (8:30 - 9:15 am.)

Relentless Resistance (9:30 - 10:15 am.)

Fridays

Total Body Fit w/Cardio (8:30 - 9:15 am.)

Body Balance (9:15 - 10:00 am.)

Exercise Equipment Instruction: (10:00 - 10:45)

Saturdays

Line Dancing (10:00) Nuernberg Hall

T'ai Chi (2:30) in Fitness Center

Transportation

WEEKLY SCHEDULED SERVICE

MONDAYS - 9:00 AM

Safeway & Walgreens

TUESDAYS - 9:45 AM

Mall Shopping/Movies or Wal-Mart & Trader Joe's

WEDNESDAYS - 1:15 PM

Wal-Mart & Trader Joe's

THURSDAYS - 9:30 AM

Fry's & Fry's Marketplace, Big Lots

FRIDAYS - 9:30 AM

Albertson's and Target

SUNDAYS

8:00 AM - St. Patrick's

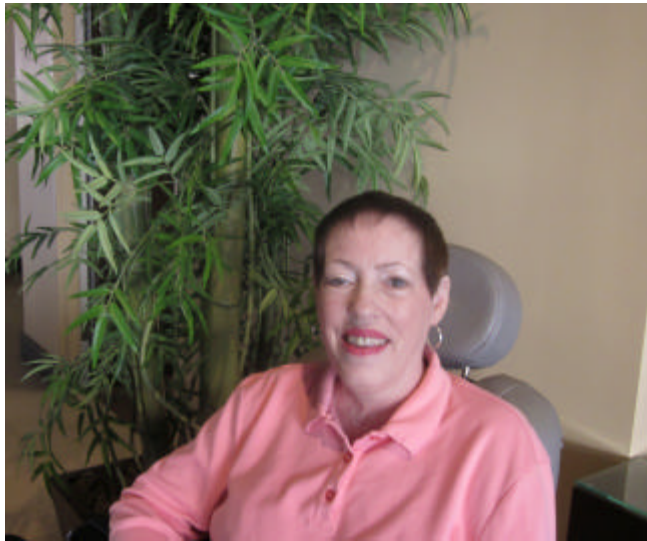
8:20 AM - Valley Presbyterian & St. Barnabas

9:00 Pinnacle Presbyterian

9:45 St. Barnabas Episcopal

10:15 Shepherd of the Desert

WELCOME LINDA



Linda made Westminster Village her home on October 31, 2011. Linda was born and raised in Chicago until she was 14 years old, and then moved to San Diego, CA.

Linda enjoyed a career in the Data Entry field. Linda likes to do needle work, crafts, jigsaw puzzles, sudoku and word search books as well as watch television and read.

Linda will have a sister and brother-in-law in the Valley soon. They will move to Scottsdale from St. Louis, MO after they retire.

Linda looks forward to a new life here at Westminster Village.

FLORAL CREATIONS

A new floral arrangement appears at the Reception Desk each week. All are creative, beautiful and different. Brady Florist donates their creations for our enjoyment!



NEEDLES & HOOKS

Lap blankets for Weyrich residents and caps and tiny blankets for Scottsdale Healthcare Shea newborns cover all ages for the knitters of the Needles and Hooks group. Marilyn Lusk has made 17 lap blankets, each different and all beautiful.

Rita Greenberg procures yarn and knitting directions from the hospital for the newborn baby caps. Florence Ziegler knits squares to be sewn together creating small blankets for the newborn babies. The group would like additional volunteers to crochet the finishing for the blankets. Donations of 4-ply worsted yarn are always welcome for the larger lap blankets.

Knitters, crocheters, quilters and all who do needlework are invited to join this busy group, every fourth Saturday at 1:00 pm in the Activity Room.



WELCOME RICHARD



Richard made Westminster Village his home on October 3, 2011. He was born and raised in Trenton, New Jersey. Richard worked for U.S. Steel as an accountant and was also a Real Estate Broker. He has relatives living in Livermore, CA and in Scottsdale, AZ.

Richard enjoys golfing and playing the saxophone. Richard enjoys music and his favorite quote is "Music makes my life work."

Richard says he has the best dog ever, his name is Benny Goodman! Richard and Benny look forward to meeting their neighbors here at Westminster Village.

WELCOME BILLYE & NORMAN



Norman and Billye made Westminster Village their home on August 16, 2011. Norman was born and raised in Cass, West Virginia. Norman was a Captain in the U.S. Navy for 32 years. He was a Naval Aviator who flew land based patrol planes and later carrier based helicopters.

Billye was born and raised in Texas and Oklahoma; she also spent many years in San Diego, California. Norman and Billye met in Key West Florida. They enjoy square dancing and traveling. Billye also enjoys gardening. Their daughter Kathie and her husband live here in Scottsdale, just a block from Westminster Village.

Norman and Billye look forward to a new life here in Westminster Village.

Bios continued on page 8...

Jan.

EVERY MONDAY
 8:30 a.m. Body Balance
 9:30 a.m. Yoga Stretch
 10:00 a.m. Bingo
 1:00 p.m. Bridge

EVERY TUESDAY
 10:00 a.m. Pokeno
 11:15 a.m. Water Exercise Class
 12:45 p.m. Yoga Class
 2:00 & 7:00 p.m. Movie Ch.22

EVERY WEDNESDAY
 8:30 a.m. Body Balance
 9:30 a.m. Relentless Resistance
 10:00 a.m. Crafts & Card Sales
 3:00p.m. 8- Ball with Bud

EVERY THURSDAY
 9:00 a.m. Ping Pong
 9:30 a.m. Trip to Fry's
 2:00 & 7:00p.m. Movie Ch. 22

EVERY FRIDAY
 8:30 a.m. Total Body Fit w/Cardio
 9:15 a.m. Body Balance
 10:00 a.m. Bingo
 1:00 p.m. - Duplicate Bridge

2012

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1 - Happy New Year!
 11:00 Al-Anon – Conf. Rm.
 2:00 Poker - Pima Lounge
 4:00 Chapel Services
 5:00 Bingo -Activity Room

2
 *9:30 Safeway, Walgreens, CVS
 10:00 Bingo - N.H.
 1:00 Bridge - Saguaro
 1:30 Pinochle -
 Lounge at K1 dr. 2nd flr.

3
 9:45 Walmart & Trader Joe's
 10:00 Pokeno -Activity Rm.
 2:00 Pat on the Back - N.H

4
 9:45 Sprout's
 10:00 Crafts - Activity Rm.
 1:30 Art All Around Us - N.H.
 5:30 Roy Lewis on Piano
 Jayhawk Lounge

5
 7:30 Putting with Bud
 9:30 Fry's
 1:00 Caregiver Support
 Group –Saguaro Lounge
 1:00 Art Group - Act. Rm.

6
 9:30 Albertson's & Target
 10:00 Bingo- N. H.
 1:00 Duplicate Bridge-
 Saguaro
 4:00 Happy Hour - Café

7
 10:00 Line Dancing– N.H.
 11:00 Al-Anon –
 Conference Rm.
 2:30 T'ai Chi—Fitness Rm

8
 11:00 Al-Anon - Con. Rm.
 2:00 Poker - Pima Lounge
 4:00 Chapel Services
 5:00 Movie - N.H.

9
 *9:30 Safeway, Walgreens, CVS
 10:00 Bingo - N.H.
 1:00 Bridge - Saguaro
 1:30 Pinochle -
 Lounge at K1 dr. 2nd flr.
 6:30 A Trip to Nepal - N.H.

10
 9:45 Paradise Valley Mall
 10:00 Pokeno -Activity Rm.
 1:30 Resident Council- N.H.

11
 9:30 Coffee at Kerr
 10:00 Crafts - Activity Rm.
 2:30 Knife Sharpening- Café
 5:30 CoDa-Conference Rm.

12
 7:30 Putting with Bud
 9:30 Fry's
 10:00 4L's - Come Learn!
 12:55 Daddy Long Legs –
 The Herberger Theater
 1:00 Art Group - Act. Rm.
 3:00 Mindful Musings

13
 9:30 Albertson's & Target
 10:00 Bingo– N.H.
 1:00 Duplicate Bridge-
 Saguaro
 7:00 Jim Correnti - N.H.

14
 10:00 Line Dancing- N.H.
 11:00 Al-Anon –
 Conference Rm.
 1:30 Horseracing-N.H.
 2:30 T'ai Chi—Fitness Rm

15
 11:00 Al-Anon - Con. Rm.
 2:00 Poker - Pima Lounge
 4:00 Chapel Services
 5:00 Bingo -Activity Room

16
 *9:30 Safeway, Walgreens
 10:00 Bingo - N.H.
 12:00 The MIM
 1:00 Bridge - Saguaro
 1:30 Pinochle -
 Lounge at K1 dr. 2nd flr.

17
 9:45 Fashion Square Mall
 10:00 Pokeno -Activity Rm.
 2:00 Resident Birthday Party
 N.H.

18
 10:00 Crafts - Activity Rm.
 10:00 Jewish Services
 1:15 Walmart & Trader Joe's
 1:30 Art All Around Us - N.H.
 3:00 Café Festival
 5:30 Roy Lewis on Piano
 Jayhawk Lounge

19
 7:30 Putting with Bud
 9:00 Ping Pong- Fit. Rm.
 9:30 Fry's
 11:00 Boat Ride - Saguaro
 Lake

20
 9:30 Albertson's & Target
 10:00 Bingo– N.H.
 1:00 Duplicate Bridge-
 Saguaro
 4:00 Happy Hour - Café

21
 10:00 Line Dancing– N.H.
 11:00 Al-Anon –
 Conference Rm.
 1:15 Orpheus Choir– N.H.
 2:30 T'ai Chi- Fitness Rm.

22
 11:00 Al-Anon –
 Conference Rm.
 2:00 Poker - Pima Lounge
 4:00 Chapel Services
 5:00 Movie - N.H.

23
 *9:30 Safeway, Walgreens, CVS
 9:30 Musician Encounters
 10:00 Bingo - N.H.
 1:00 Bridge - Saguaro
 1:30 Pinochle -
 Lounge at K1 dr. 2nd flr.

24
 10:00 Pokeno -Activity Rm.
 10:00 Book Review -Saguaro
 1:00 Herpetological Trip Out!

25
 8:00 Breakfast on Bud - Café
 10:00 Crafts - Activity Rm.
 5:30 CoDa-Conference Rm
 5:00 James Bond Theme
 Meal
 7:00 007 Movie — N.H.

26
 7:30 Putting with Bud
 9:00 Ping Pong- Fit. Rm.
 9:30 Fry's
 10:00 Organ Stop Pizza
 10:30 Lynne Heaseler– N.H.
 3:00 Mindful Musings

27
 9:30 Albertson's & Target
 10:00 Bingo– N.H.
 1:00 Duplicate Bridge-
 Saguaro
 4:00 Happy Hour - Café

28
 10:00 Line Dancing– N.H.
 11:00 Al-Anon – Conf. Rm.
 11:55 Madame Butterfly
 Opera
 1:00 Needles & Hooks

29
 11:00 Al-Anon - Con. Rm.
 2:00 Poker - Pima Lounge
 4:00 Chapel Services
 5:00 Bingo -Activity Room

30
 *9:30 Safeway, Walgreens, CVS
 10:00 Bingo - N.H.
 1:00 Bridge - Saguaro
 1:30 Pinochle -
 Lounge at K1 dr. 2nd flr.

31
 10:00 Pokeno -Activity Rm
 4:00 Mix & Mingle - Café

***Please Note:**
**The Safeway, Walgreens,
 and CVS trip on
 Mondays will leave at
 9:30am.**

Post Office Hours
 Mon. - Fri.
 10am - 12pm, 1pm - 3pm
 Sat.
 10am - 1pm
Banking Hours
 Mon., Wed., Fri.
 9am -12pm

Sunday Services
 8:00 St. Patrick's
 8:20 Valley Presbyterian
 9:00 Pinnacle Presbyterian
 9:45 St. Barnabas Episcop
 10:15 Shepherd of the Des
 10:15 Mt. View Presbyteria